# COWS' MILK A1 & A2 TYPE BETA-CASEIN PROTEIN DIGESTION

Investigate
Communicate
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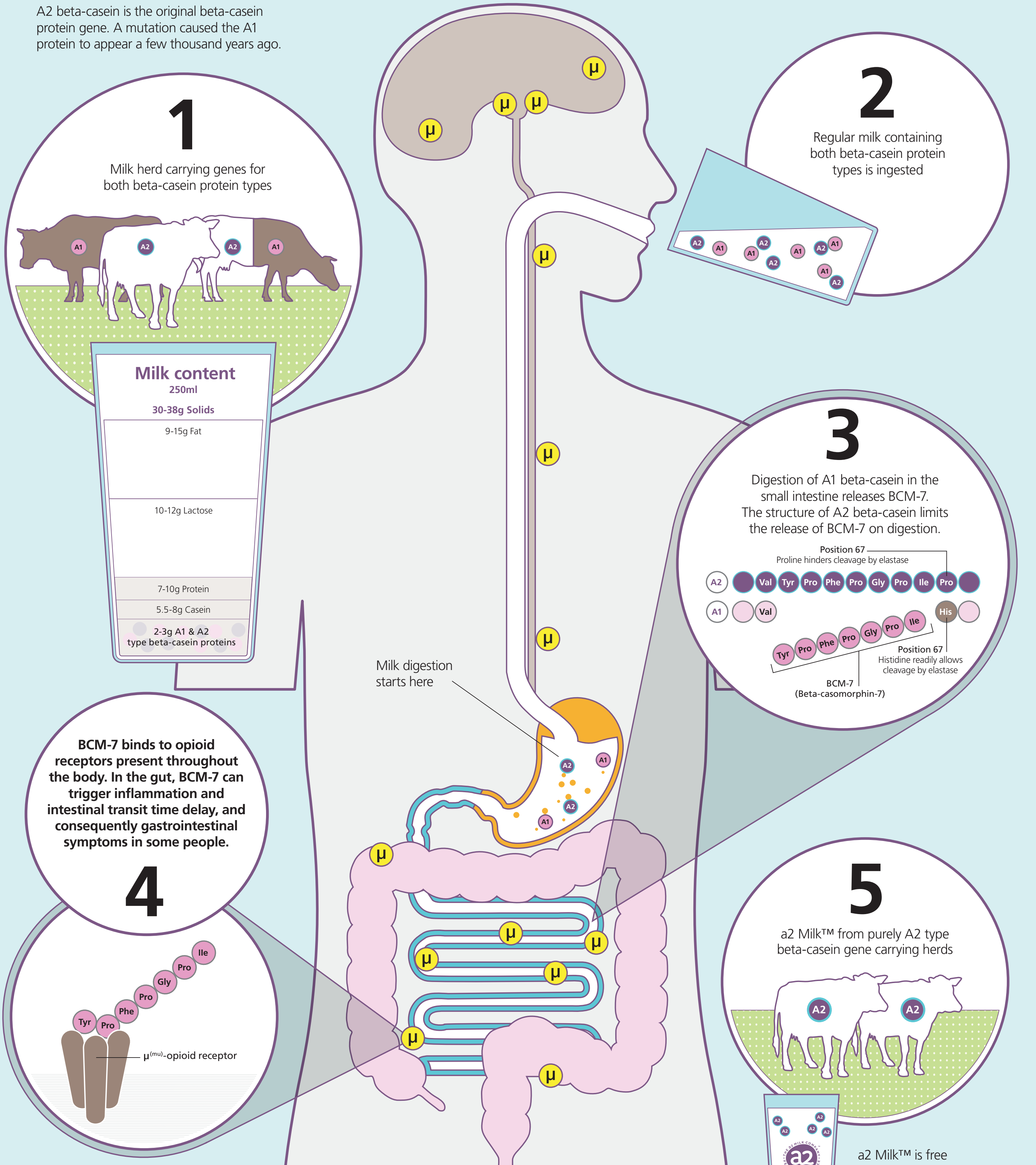
A2 beta-casein is the original beta-casein protein gene. A mutation caused the A1 protein to appear a few thousand years ago.




In some patients with gastrointestinal discomfort following commercial milk intake, avoiding the A1 protein may make the difference

Overleaf for references

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